



A F F I L I A T E D  
D O C T O R S  
O F O R A N G E C O U N T Y

## **Vital Care/SNP (Special Needs Program)**

At Affiliated Doctors of Orange County (ADOC) we offer Vital Care/SNP programs for members with chronic or recurring illnesses , leukemia, oncology patients, spinal cord injuries, traumatic brain injuries, congenital defects, or transplant candidates.

Improved self-management can improve the daily quality of life for members with a specific disease or condition. This is a free service offered to our members.

The Vital Care/SNP program focuses on monitoring and improving adherence to treatment plans by emphasizing patient education, and actively monitoring those members most at risk for signs and symptoms of decompensation for those members with dual-eligible special needs, medically complex or multiple chronic conditions, or for individuals who are frail, disabled or near the end-of-life.

Members are identified through claims data, high risk assessments, and referrals from utilization management, case management, a PCP or even a specialist. Participation in the Program by members is voluntary and there is no additional cost to members.

Enrolled members are offered information and receive educational materials about their disease and how to appropriately manage their symptoms more effectively. They are given a better awareness and understanding of their condition by addressing lifestyle changes, current medication information, and even provide support to help prevent complications, exacerbation or the development of other health problems not associated with their chronic condition.

For more information or to refer a member to the ADOC Vital Care/SNP Program, contact the Case Management department at (714) 539-3100