Utilization Management – Clinical Criteria and Availability of Clinical Criteria

The Utilization Management (UM) review process uses a wide range of criteria, guidelines, and reference tools to assist in determinations of benefit coverage, behavioral health needs and medical appropriateness. Supporting clinical and benefit information, relevant to each case will be reviewed when making medical necessity coverage determinations.

All criteria are reviewed and approved at least annually. Only appropriate clinical and behavioral health practitioners with relevant experience are involved in the development, adoption and reviewing of the criteria. The criteria must comply with Medicare, local and national coverage determinations, and relevant Medicaid requirements.

Approved Clinical Criteria for Utilization Management Decisions

- CMS criteria: National Coverage Determinations(NCDs), Local Coverage Determinations (LCDs) and Local Coverage Articles (LCAs), Medicare Benefit Policy Manuals
- State Medi-Cal Guidelines
- Health plans' Evidence of Coverage (EOC), Medical Policy or Clinical Guidelines
- National/ Specialty Guidelines, e.g.:
 - Milliman[®] Care Guidelines (MCG)
 - o American College of Radioloty (ACR) Appropriateness Criteria
 - o InterQual
 - AHA (American Heart Association)
 - ACC (American College of Cardioloty)
 - National Comprehensive Cancer Network (NCCN)
 - U.S. Preventive Service Task Force (USPSTF) Recommendations Grade A, B & C
- Government Agency, Medical Society and other Authoritative Publications, e.g.:

1. Agency for Healthcare Research and Quality (AHRQ): http://www.ahrq.gov

2. Agency for Healthcare Research and Quality (AHRQ) Clinical Practice Guidelines: http://www.ahrq.gov/clinic/cpgsix.htm

3. Center for Medicare and Medicaid Services (CMS): http://www.cms.hhs.gov – Topics – overage – Medicare Advisory Committee (MCAC)

4. Department of Health and Human Services: Center for Disease Control and Prevention (CDC): http://www.cdc.gov

5. Food and Drug Administration (FDA): http://www.fda.gov (including listing on the FDA Orphan Drug Approval)

6. Nation Library of Medicine – PUBMED: http://www.nlm.nih.gov/bsd/pubmed_tutorial/m1001.html

7. The American Hospital Formulary Service Drug Information

8. The U.S. Pharmacopoeia Dispensing Information, Vol. 1

9. Physician specialty societies where publicly available.

BOARD	SPECIALTY SOCIETY	SUBSPECIALTIES	
CERTIFICATIONS LISTED IF MORE THAN ONE	 (+) Indicates guidelines on Website (public) (-) Indicates that there are no guidelines publicly available 		
American Heart Association http://www.heart.org/	American Heart Association		
AIM Specialty Health http://www.aimspecialtyhealth.com/	AIM Specialty Health Specialty Benefit Management	Radiology Cardiology Oncology Sleep Management Specialty Drugs	
Allergy & Immunology www.aaaai.org	American Academy of Asthma, Allergy and Immunology (+)	6. Clinical & Laboratory Immunology	
Anesthesia www.asaho.org	American Society of Anesthesiologist ASA (+)	Critical Care Hospice and Palliative Medicine Pain Medicine	

Physical Medicine & Rehabilitation	American Academy of Physical	20. Sleep Medicine 21. Sports Medicine 1. Hospice & Palliative Medicine
www.aapnir.org	Medicine & Rehabilitation (+)	Pain Medicine Pain Medicine Neuromuscular Medicine Pediatric Physical Medicine Rehabilitation Spinal Cord Injury Medicine Sports Medicine
Plastic Surgery www.plasticsurgery.org	American Society of Plastic Surgeons ASPS (+)	 Plastic Surgery with the Head & Neck Hand Surgery
Preventive Medicine www.acpm.org 1. Aerospace Medicine	American College of Preventive Medicine AAPM (+)	Medical Toxicology Undersea & Hyperbaric Medicine
 Occupational Medicine Public Health & General Preventive Medicine <u>www.acoem.org</u> 	American College of Occupational & Environmental Medicine ACOEM (+)	
Colon & Rectal Surgery www.fasers.org	American Society of Colon & Rectal Surgeon (+)	None
Dermatology www.aad.org	American Academy of Dermatology AAD (Association) (+)	Clinical & Laboratory Dermatology Immunology Dermatopathology Pediatric Dermatology
Emergency Medicine www.acep.org	American College of Emergency Physicians (+)	Hospice and Palliative Medicine Medical Toxicology Pediatric Emergency Medicine Sports Medicine Undersea & Hyperbaric Medicine
Family Medicine www.aafp.org	American Academy of Family Practice AAFP (+)	Adolescent Medicine Geriatric Medicine Hospice and Palliative Medicine Sports Medicine

Internal Medicine www.acponline.org	American College of Physicians ACP (+)	See accompanying chart
Medical Genetics 1. Clinical Biochemical Genetics 2. Clinical Cytogenetics 3. Clinical Genetics (M.D.) 4. Clinical Molecular Genetics 5. Ph. D Medical Genetics www.acmg.net	American College of Medical Genetics ACMG (+)	1. Molecular Genetic Pathology
Neurological Surgery www.aans.org	American Association of Neurosurgeons AANS (+)	None
Nuclear Medicine www.acnucmed.com	American College of Nuclear Medicine AANM (-)	None
Obstetrics & Gynecology www.acog.org	American College of Obstetricians & Gynecologists ACOG (-)	 Critical Care Gynecologic Oncology Hospice and Palliative Medicine Maternal and Fetal Medicine Reproductive Endocrinology/ Infertility
Radiology www.acr.org 1. Diagnostic Radiology 2. Radiation Oncology <u>www.astro.org</u> 3. Radiation Physics	American College of Radiology ACR (+) NOTE: Do not confuse with American College of Rheumatology American Society of Therapeutic Radiation and Oncology ASTRO (-)	Hospice & Palliative Medicine Nuclear Radiology Neuroradiology Pediatric Radiology Vascular & Interventional Radiology
Surgery www.facs.org	American College of Surgeons ACS (+) NOTE: Do not confuse with American Cancer Society	Hand Surgery Hospice & Palliative Medicine Pediatric Surgery Surgical Critical Care Vascular Surgery
Thoracic Surgery www.sts.org/	Society of Thoracic Surgeons STS (+)	None
Urology www.auanet.org	American Urological Associated AUA (+)	1. Pediatric Urology

Psychiatry & Neurology 1. Psychiatry <u>www.psych.org</u> <u>www.aacap.org</u> <u>www.aan.com</u> www.childneurologysociety.org	American Psychiatric Association APA (+)	Addiction Psychiatry Child & Adolescent Psychiatry Forensic Psychiatry
	American Academy of Child & Adolescent Psychiatry AACAP (+)	 Geriatric Psychiatry Hospice & Palliative Medicine
 Neurology Child Neurology 	American Academy of Neurology AAN (+) Child Neurology Society CNS (+)	 Clinical Neurophysiology Neurodevelopmental Disabilities Pain Medicine Psychosomatic Medicine Sleep Medicine Vascular Neurology

BOARD	SPECIALTY SOCIETY	
	 (+) Indicates guidelines on Web site (public) (-) Indicates that there are no guidelines publicly available 	
Adolescent Medicine www.adolescenthealth.org	Society for Adolescent Medicine (-)	
Anesthesia www.ampainsoc.org	American Pain Society APS (-) Guidelines may be ordered on website (Also certified through Rehab, Neurology, Psychiatry) See Internal Med Specialties for Critical Care	
Cardiology www.acc.org	American College of Cardiology ACC (+)	
Cardiac Electrophysiology www.hrsonline.org	Heart Rhythm Society HRS-collaborative with ACC	
Clinical & Laboratory Immunology www.clinimmsoc.org	Clinical Immunology Society CIS (-) NOTE: Also a Peds subspecialty)	
Critical Care	Society of Critical Care Medicine SCCM	

www.sccm.org	(Also represents Peds, anesthesia, surgery) (+)
Emergency Medicine/ Preventive Medicine www.uhms.org	Undersea & Hyperbaric Medical Society UHMS (+)
Emergency Medicine www.acmt.net	American College of Medical Toxicology (+)
Endocrinology, Diabetes & Metabolism <u>www.aace.com</u> <u>www.endo-society.org</u>	American Association of Clinical Endocrinology AACE (- Endocrine Society (-)
Gastroenterology www.gastro.org www.acg.gi.org	American Gastroenterological Association AGA (+)
	American College of Gastroenterology ACG (-)
Geriatric Medicine www.americangeriatrics.org	The America Geriatrics Society
Hematology www.hematology.org	American Society of Hematology ASH (+)
Hospice & Palliative Medicine	American Board of Hospice and Palliative Medicine (-)
Infectious Disease www.idsociety.org	Infectious Disease Society of America IDSA (+)
Internal Medicine Family Medicine www.americangeriatrics.org	America Geriatrics Society AGS (+)
Interventional Cardiology	See Cardiology ACC
Nephrology www.asn-online.org	American Society of Nephrology ASN (-)
Obstetrics & Gynecology www.asrm.org	American Society for Reproductive Medicine (+) ASRM
Obstetrics & Gynecology www.sgo.org	Society of Gynecologic Oncologist (+)
Oncology www.asco.org	American Society of Clinical Oncology ASCO (+)

Orthopedic Surgery www.hand-surg.org Also a subspecialty of Plastic Surgery	American Society for Surgery of the Hand (-)
Pulmonary Disease www.chestnet.org	American College of Chest Physicians ACCP (+)
Psychiatry	American Association for Geriatric Psychiatry AAGP (+)
www.aagpgpa.org www.asam.org	American Society of Addiction Medicine ASAM (+ but not updated since 2001)
Radiology www.sirweb.org	Society of Interventional Radiology SIR (+)
Rheumatology www.rheumatology.org	American College of Rheumatology ACR (+) NOTE: Do not confuse with American College or Radiology
Sleep Medicine www.aasmnet.org	American Academy of Sleep Medicine AASM (+)
Sports Medicine www.acsm.org	American College of Sports Medicine ACSM (+) (Also Peds, ER subspecialty)
Transplant Hepatology www.aasld.org	American Association for the Study of Liver Disease AASLD (+)
www.a-s-t.org	American Society of Transplantation AST (+)

Ophthalmology www.aao.org	American College of Ophthalmology AAO (+)	None
Orthopedic Surgery www.aaos.org	American Academy of Orthopedic Surgeons AAOS (Association) (+)	Hand Surgery Orthopedic Sports Medicine
Otolaryngology www.entnet.org	American Academy of Otolaryngology-Head & Neck Surgery AAO-HNS (-)	 Neurotology Pediatric Otolaryngology Plastic Surgery within the Head & Neck Sleep Medicine
Pathology www.cap.org	College of American Pathologist CAP (+) **Recommended	Blood Banking/Transfusion Medicine Chemical Pathology Cytopathology
 Anatomy Pathology Clinical Pathology Anatomy & Clinical Pathology www.ascp.org 	American Society for Clinical Pathology ASCP (-)	 Dermatopathology Forensic Pathology Hematology Hedical Microbiology Molecular Genetic Pathology Neuropathology Pediatric Pathology
Pediatrics www.aap.org	American Academy of Pediatricians AAP (+)	 Adolescent Medicine Blood Banking/Transfusion Medicine Child Abuse Pediatrics Developmental-Behavioral Pediatrics Hospice & Palliative Medicine Medical Toxicology Neonatal-Perinatal Medicine Neurodevelopmental Disabilities Pediatric Cardiology Pediatric Critical Care Medicine Pediatric Emergency Medicine Pediatric Gastroenterology Pediatric Infectious Disease Pediatric Pulmonology Pediatric Rheumatology Pediatric Rheumatology Pediatric Transplant Hepatology

• Clinical Criteria Utilized in BH Decision Making:

0	Level of Care Criteria		
	Clinical Specialty	Nonprofit Professional Association	Criteria or Guideline (Current Version)
1.	Substance Use Disorder Any Age	American Society of Addiction Medicine (ASAM)	ASAM 3 rd Edition 2013
2.	Mental Health Disorders Patients 18 and Older	American Association of Community Psychiatrists	Level of Care Utilization System (LOCUS) 20 2020
3.	Mental Health Disorders Patients 6 to 17 Years of Age	American Association of Community Psychiatrists Or American Academy of Child & Adolescent Psychiatry	Child and Adolescent Level of Care Utilization System (CALOCUS) 20* Or Child and Adolescent Service Intensity Instrument (CASII)*2019
4.	Mental Health Disorders Patients 0 to 5 Years of Age	American Academy of Child and Adolescent Psychiatry	Early Childhood Service Intensity Instrument (ESCII)

• Clinical Practice Guidelines for Specific Diagnoses

	Clinical Specialty	Nonprofit Professional Association	Criteria or Guidelines (Current Version)
1.	Gender Dysphoria	World Professional Association for	WPATH Standards of Care Version 7
		Transgender Health (WPATH)	2012
			Anticipated release of Version 8 in 2021

• Preventive Health and Clinical Practice Guidelines:

Heritage Provider Network reviews and adopts evidence-based Clinical Practice and Preventive Health Guidelines promulgated from peer reviewed sources for diseases and health conditions identified as most salient to Heritage Provider Network members. Clinical Practice Guidelines are used in the provision of preventive, acute, chronic medical and behavioral health services to improve the delivery of health care services to members. The most current list of Clinical Practice and Preventive Health Guidelines adopted by Heritage Provider Network are available for download from the links provided below.

- Visit The American Heart Association (AHA) at: <u>https://www.heart.org/</u>
- Visit The American Psychiatric Association (APA) at: <u>https://www.apa.org/</u>
- Visit The Centers for Disease Control (CDC) at: <u>https://www.cdc.gov/</u>
- Visit The American Academy of Pediatrics (AAP) at: <u>https://www.aap.org/en-us/Pages/Default.aspx</u>
- Visit The American Academy of Child & Adolescent Psychiatry (AACAP) at: https://www.aacap.org/
- Visit The American Association of Clinical Endocrinologist (AACE) at: <u>https://www.aace.com/</u>
- Visit The Infectious Diseases Society of America (IDSA) at: <u>https://www.idsociety.org/</u>
- Visit The American Thoracic Society (ATS) at: <u>http://www.thoracic.org/</u>
- Visit The American Academy of Family Practitioners (AAFP) at: <u>https://www.aafp.org/home.html</u>
- Visit The American Society of Addiction (ASAM) at: <u>https://www.asam.org/</u>
- Visit The American College of Cardiology at: <u>https://www.acc.org/</u>
- Visit The Department of Health Care Services at: <u>https://www.dhcs.ca.gov</u>
- Visit Global Initiative for Chronic Obstructive Lung Disease at: <u>https://goldcopd.org/</u>
- Visit The National Institute for Health and Care Excellence at: <u>https://www.nice.org.uk/</u>
- Visit The U.S Preventive Services Task Force at: <u>www.uspreventiveservicestaskforce.org</u>
- Visit ECRI Institute Guidelines Trust at: <u>https://www.ecri.org/solutions/ecri-guidelines-trust/</u>

Preventive Health Guidelines

Ages 0-18 Years	Date Adopted by QIC: 8/9/2022	Re-Review Date: 6/17/2024	Current Review Date: 6/17/2022
*** *	https://www.cdc.gov/vaccine Recommended Preventative Per 2021 Recommendations for P Pediatrics (3/2021).	n Schedule for Persons Aged 0 throu es/schedules/downloads/child/0-18 diatric Health Care – American A Preventive Pediatric Health Care. Bri Preventive Pediatric Health Care P	Academy of Pediatrics (AAFP) ight Futures /American Academy of
Ages 19 and Older	Date Adopted by QIC: 8/9/2022	Re-Review Date: 6/17/2024	Current Review Date: 6/17/2022
	https://www.cdc.gov/vaccine Recommended Preventative Clin Recommendations for Primar		t-combined-schedule.pdf ve Services Task Force (USPSTF)
	Clinical P	ractice Guidelines	
Behavioral Health	Date Adopted by QIC: 8/9/2022	Re-Review Date: 6/17/2024	Current Review Date: 6/17/2022
	 Substance Abuse 2020 Focus Update -The National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use. American Society of Addiction Medicine (2015). <u>https://www.asam.org/Quality-Science/quality/2020-national-practice-guideline</u> 2011 American Psychiatric Association (APA) Performance in Practice: Physician Practice Assessment Tools for the Screening, Assessment, and Treatment of Adults with Substance Use Disorder (1/2011). <u>http://focus.psychiatryonline.org/doi/abs/10.1176/foc.9.1.foc31?journalCode=foc</u> 2006 APA Practice Guideline for the Treatment of Patients with Substance Use Disorders, 2nd Edition (8/2006). <u>substanceuse.pdf (psychiatryonline.org)</u> 2018 Alcohol Misuse: Screening and Behavioral Counseling Interventions in Primary Care (11/2018). <u>Recommendation: Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions in Primary Care (11/2018). <u>Recommendation: Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions in Primary Care (11/2018). <u>Recommendation: Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventives Taskforce (uspreventiveservicestaskforce.org)</u></u></u> Dementia/Neurocognitive Disorders 2014 American Psychiatric Association (APA) Practice Guideline for Persons with Alzheimer's disease and Other Dementias 2007/ Updated Guideline Watch (10/2014). <u>http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf</u> 		
	Agitation or Psychosis in Patie The American Psychiatric Asso	ents with Dementia (5/2016).	on the Use of Antipsychotics to Treat

	Depression		
	 2010 American Psychiatric Association (APA) Practice Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition (5/2010). 		
	https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf		
	 2016 U.S. Preventive Services Task Force (USPSTF) Screening for Depression in Adults: USPSTF 		
	Recommendation Statement, (1/2016).		
	https://jamanetwork.com/journals/jama/fullarticle/2484345		
	Smoking Cessation		
	 2015 USPSTF Guidelines-Smoking Cessation (Adult), (9/2015). 		
	https://annals.org/aim/fullarticle/2443060/behavioral-pharmacotherapy-interventions-tobacco-		
	smoking-cessation-adults-including-pregnant-women		
	 2013 USPSTF Guidelines-Smoking Cessation (Children & Adolescents), (8/2013). 		
	https://annals.org/aim/fullarticle/1476724/primary-care-relevant-interventions-tobacco-use-		
	prevention-cessation-children-adolescents?searchresult=1		
	Pediatric		
	 2014 APA Practice Parameter for the Assessment and Treatment of Children and Adolescents with 		
	Autism Spectrum Disorder (2/2014). https://www.iaacan.org/article/S0890.8567(13)00819.8/fulltext		
	https://www.jaacap.org/article/S0890-8567(13)00819-8/fulltext		
	 2011 Attention Deficit Hyperactivity Disorder (ADHD): Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of ADHD in Children and Adolescents. American Academy of Pediatrics (11/2011). 		
	http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654		
	 2013 AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents with 		
	 Schizophrenia (11/2013). 		
	http://www.aacap.org/App_Themes/AACAP/docs/practice_parameters/Schizophrenia_Sept13.pdf		
Cardiovascular	Date Adopted by QJC: 8/9/2022 Re-Review Date: 6/17/2024 Current Review Date: 6/17/2022		
	Assessment of Cardiovascular Risk		
	 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk: A Report of the American College of Cardiolage (American Hand American Tech Serve on Partice Cardiolage) 		
	College of Cardiology/American Heart Association Task Force on Practice Guidelines: http://www.onlinejacc.org/content/63/25_part_b/2935.full.pdf?_ga=2.29819455.1062630223.16		
	http://www.onlinejacc.org/content/63/25_part_b/2935.tull.pdf?_ga=2.29819455.1062630223.16 52723298-558167134.1649010161_		
	 Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk 2018 AHA/ACC/AACVPR/AAPA/ ABC/ACPM/ADA/AGS/APhA/ASPC/ NLA/PCNA Guideline on the Management of Blood Cholesterol: 		
	http://www.onlinejacc.org/content/73/24/e285.full.pdf?_ga=2.29819455.1062630223.16527232		
ME. 3	98-558167134.1649010161 Management of High Blood Pressure 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the		
1 the start of the			
	Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of		
	the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines:		
	http://www.onlinejacc.org/content/71/19/e127.full.pdf? ga=2.29819455.1062630223.16527232		
	<u>98-558167134.1649010161</u>		
	Management of Heart Failure		
	management of near railure		

	 2022 AHA/ACC/HFSA Guideline for The Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines: <u>https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.12.012?_ga=2.119014921.1062630223.165272</u> <u>3298-558167134.164901016154373672.1062630223.1652723298-558167134.1649010161</u> Management of Patients with Valvular Heart Disease 2020 ACC/AHA Guideline for the Management of Patients with Valvular Heart Disease (02/2/2021) <u>https://www.ahajournals.org/doi/epdf/10.1161/CIR.0000000000000023</u> 				
Endocrinology	Date Adopted by QIC: 8/9/2022	Re-Review Date: 6/17/2024	Current Review Date: 6/17/2022		
	https://professional.diabetes.org/content-page/standards-medical-care-diabetes/ Comprehensive Type 2 Diabetes Management Algorithm 2020 Consensus Statement by the American Association of Clinical Endocrinologists and American College of Endocrinology on the Comprehensive Type 2 Diabetes Management Algorithm - 2020 Executive Summary. Comprehensive Type 2 Diabetes Management Algorithm (2020) - EXECUTIVE SUMMARY American Association of Clinical Endocrinology (aace.com)				
Infectious Diseases	Date Adopted by QIC: 8/9/2022	Re-Review Date: 6/17/2024	Current Review Date: 6/17/2022		
	Sexually Transmitted Diseases 2021 Sexually Transmitted Diseases (STD) Treatment Guidelines. Centers for Disease Control and Prevention (7/2021). <u>Sexually Transmitted Infections Treatment Guidelines, 2021 (cdc.gov)</u>				
	Tuberculosis • 2017 Official American Thoracic Society/Infectious Diseases Society of America/Centers for Disease Control and Prevention Clinical Practice Guidelines: Diagnosis of Tuberculosis in Adults and Children (1/2017). Official American Thoracic Society/Infectious Diseases Society of America/Centers for Disease Control and Prevention Clinical Practice Guidelines: Diagnosis of Tuberculosis in Adults and Children - PubMed (nih.gov)				
	 COVID- 19 2022 Infectious Diseases Society of America Guidelines on the Treatment and Management of Patients with COVID-19 <u>https://www.idsociety.org/globalassets/idsa/practice-guidelines/covid-19/treatment/idsa-covid-19-gl-tx-and-mgmt-v9.0.0.pdf</u> 				

New Discussion in all and Data Management	T			
Non-Pharmacological Pain Management Treatment ¹ • Evidence-Based Non-Pharmacologic Strategies for Comprehensive Pain Care: The Consortium Pain Task Force White Paper https://www.sciencedirect.com/science/article/pii/S1550830718300223 • Noninvasive, Non-Pharmacological Treatment for Chronic Pain https://effectivehealthcare.ahrq.gov/products/nonpharma-treatment-pain/research-protocol • CDC Clinical Practice Guideline for Prescribing Opioids for Pain – United States, 2022 – Recommendation 1, Pg. 17 https://www.cdc.gov/mmwr/volumes/71/rr/pdfs/rr7103a1-H.pdf				
Date Adapted by OIC: 8/9/2022 Ro.Ro	view Date: 6/17/2024	Current Review Date: 6/17/2022		
	view Date: 6/17/2024	Current Review Date: 6/17/2022		
 Astima 2022 Global Initiative for Asthma (GINA) – National Heart, Lung, and Blood Institute (NHLBI) Global Strategy for Asthma Management and Prevention. <u>https://ginasthma.org/reports/</u> 2020 Pocket Guide for Asthma Management and Prevention. 2022 currently being updated. <u>https://ginasthma.org/reports/</u> Chronic Obstructive Pulmonary Disease 2020 Report - Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease. <u>https://goldcopd.org/gold-reports/</u> Streptococcal Infection 2012 Clinical Practice Guideline for the Diagnosis and Management of Group A Streptococcal Pharyngitis: 2012 Update by the Infectious Diseases Society of America (11/2012). <u>https://academic.oup.com/cid/article/55/10/e86/321183</u> 				
 2015 U.S. Preventive Services Task Force (USPSTF) USPSTF Guidelines-Smoking Cessation (Adult), (10/2015). https://annals.org/aim/fullarticle/2443060/behavioral-pharmacotherapy-interventions-tobacco-smoking-cessation-adults-including-pregnant-women Primary Care–Relevant Interventions for Tobacco Use Prevention and Cessation in Children and Adolescents: A Systematic Evidence Review for the U.S. Preventive Services Task Force (2/2013) Primary Care–Relevant Interventions for Tobacco Use Prevention and Cessation in Children and Adolescents: A Systematic Evidence Review for the U.S. Preventive Services Task Force (2/2013) Primary Care–Relevant Interventions for Tobacco Use Prevention and Cessation in Children and Adolescents: A Systematic Evidence Review for the U.S. Preventive Services Task Force Annals of Internal Medicine (acpjournals.org) 				
	 Evidence-Based Non-Pharmacologic Task Force White Paper https://www.sciencedirect.com/scie Noninvasive, Non-Pharmacological T https://effectivehealthcare.ahrq.gov CDC Clinical Practice Guideline for Pr Recommendation 1, Pg. 17 https://www.cdc.gov/mmwr/volumi Date Adopted by QIC: 8/9/2022 Re-Re Asthma 2022 Global Initiative for Asthma (G Global Strategy for Asthma Manage https://ginasthma.org/reports/ 2020 Pocket Guide for Asthma Manage https://ginasthma.org/reports/ 2020 Pocket Guide for Asthma Manage https://ginasthma.org/reports/ Chronic Obstructive Pulmonary Disease 2020 Report - Global Strategy for th Pulmonary Disease. https://goldcopd.org/gold-reports/ Streptococcal Infection 2012 Clinical Practice Guideline for t Pharyngitis: 2012 Update by the Infe https://academic.oup.com/cid/artic Smoking Cessation 2015 U.S. Preventive Services Task F (10/2015). https://annals.org/aim/fullarticle/2/ smoking-cessation-adults-including: Primary Care-Relevant Intervention Adolescents: A Systematic Evidence Primary Care-Relevant Intervention Adolescents: A Systematic Evidence Internal Medicine (acpjournals.or Pneumonia - Community - Acquired Pr 2016 American Academy of Family B Acquired Pneumonia in Adults (11/2 https://www.aafp.org/afp/2016/111 2016 Pneumonia in Adults: Diagnosi 	 Evidence-Based Non-Pharmacologic Strategies for Comprehen Task Force White Paper https://www.sciencedirect.com/science/article/pii/S1550830/ Noninvasive, Non-Pharmacological Treatment for Chronic Pain https://effectivehealthcare.ahrq.gov/products/nonpharma-tr/ CDC Clinical Practice Guideline for Prescribing Opioids for Pain Recommendation 1, Pg. 17 https://www.cdc.gov/mmwr/volumes/71/rr/pdfs/rr7103a1-H Date Adopted by QIC: 8/9/2022 Re-Review Date: 6/17/2024 Asthma 2022 Global Initiative for Asthma (GINA) – National Heart, Lur Global Strategy for Asthma Management and Prevention. https://ginasthma.org/reports/ 2020 Pocket Guide for Asthma Management and Prevention. https://ginasthma.org/reports/ Chronic Obstructive Pulmonary Disease 2020 Report - Global Strategy for the Diagnosis, Management Pulmonary Disease. https://goldcopd.org/gold-reports/ Streptococcal Infection 2012 Clinical Practice Guideline for the Diagnosis and Manage Pharyngitis: 2012 Update by the Infectious Diseases Society o https://academic.oup.com/cid/article/55/10/e86/321183 Smoking Cessation 2015 U.S. Preventive Services Task Force (USPSTF) USPSTF Gu (10/2015). https://anals.org/aim/fullarticle/2443060/behavioral-pharm smoking-cessation-adults-including-pregnant-women Primary Care-Relevant Interventions for Tobacco Use Prevent Adolescents: A Systematic Evidence Review for the U.S. Preve Primary Care-Relevant Interventions for Tobacco Use Prevent Adolescents: A Systematic Evidence Review for the U.S. Preve Internal Medicine (acpiournals.org) Pneumonia – Community - Acquired Pneumonia 2016 American Academy of Family Physicians (AAFP) Diagnos Acquired		

¹ CA Health & Safety Code § 124962(h) https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=124962&lawCode=HSC

 2019 Infectious Diseases Society of America (IDSA) – American Thoracic Society (ATS) Consensus Guidelines on the Management of Community-Acquired Pneumonia in Adults (10/2019). <u>https://www.idsociety.org/practice-guideline/community-acquired-pneumonia-cap-in-adults/</u>
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Pain Management Guidelines:

- CDC Clinical Practice Guideline for Prescribing Opioids for Pain United States, 2022: https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm
- EVIDENCE-BASED NONPHARMACOLOGIC STRATEGIES FOR COMPREHENSIVE PAIN CARE: https://www.sciencedirect.com/science/article/pii/S1550830718300223?via%3Dihub
- Noninvasive, Nonpharmacological Treatment for Chronic Pain: <u>https://effectivehealthcare.ahrq.gov/products/nonpharma-treatment-pain/research-protocol</u>

Availability of Clinical Criteria

Upon request, medical groups will make available all criteria, clinical review guidelines and medical review polices utilized for decision making to members and practitioners. With each determination made by the medical group, members and providers are notified in writing of the process for requesting a free copy of the criteria guideline or policy used to make the determination.

• Contact:

Medical Group	Mail	Email	Phone
Regal Medical Group	Regal Medical Group P.O. Box 371330 Reseda, CA 91337	<u>customerservice@regal</u> <u>med.com</u>	Customer Service: (818) 357-5000 or (866) 654-3471 TDD/TTY: (800) 735-2929 (English) / (800) 855- 3000 (Spanish)
Lakeside Medical Group	Lakeside Community Healthcare P.O. Box 371330 Reseda, CA 91337	customerservice@regal med.com	Customer Service: (818) 357-5000 or (866) 654-3471 TDD/TTY: (800) 735-2929 (English) / (800) 855- 3000 (Spanish)
ADOC Medical Group	ADOC Medical Group 600 City Parkway West Suite 400 Orange, CA 92868	info@adoc.us	Customer Service (866) 654-3471 TDD/TTY: (800) 735-2929 (English) / (800) 855- 3000 (Spanish)